

Prayer & Liturgy Policy

The Palmer Catholic Academy

MISSION STATEMENT



The Academy's Mission promotes the academic and personal development of each member of its community, both students and staff alike.

We serve Christ in each other to the Glory of God and Service of all.



Adop	otion by	y Governing	Body of	f The Palmer	Catholic	: Academy:
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Date of Implementation: November 2024

Signature of Chair of Governors:

Signature of Headteacher:

Review Date: November 2025

Prayer & Liturgy Policy November 2024

Our Mission

Each student's spiritual and moral development is central to the work of the whole academy. We promote those genuine Christian values which develop our young people into tolerant, respectful, industrious, successful and good citizens and provide the preparation for life in a modern, diverse and sometimes challenging society.

This is a modern academy with traditional values. We strive to create a harmonious and caring ethos, embracing the cultural diversity of our academy community.

The academy's mission promotes the academic and personal development of each member of its community, both students and staff alike.

We serve Christ in each other to the Glory of God and Service of all.

Introduction

As a Catholic academy, prayer and liturgy are central to the life of the academy. Our Catholic faith influences all the work of the academy which strives to follow the gospel values of love, justice and concern for others.

The law requires all maintained Catholic schools to provide an act of daily collective worship (prayer and liturgy) for all students, including those in the sixth form (Section 70, 1988 Education Act) that is in accordance with the rites, practices, disciplines, and liturgical norms of the Catholic Church (School Standards and Framework Act 1998, schedule 20; Instrument of Government, clause 2).

Academies in England are required by their funding agreement and Articles of Association to comply with similar requirements (The Mainstream Academy and Free School: Supplemental Funding Agreement, December 2020; Model Articles for Catholic Academies, February 2019).

The law requires all maintained schools to recognise and respect that parents have the legal right to withdraw their children up to the age of 16 from prayer and liturgy (School Standards and Framework Act 1998, s.71(1A)). Sixth-form students can choose to withdraw themselves from prayer and liturgy (School Standards and Framework Act 1998, s.71(1B)).

The academy's provision for prayer and liturgy will fulfil students' entitlement to experience the range of liturgical treasures of the Church, including a shared repertoire of prayers and liturgical music with which students in the academy will be familiar. Prayer and liturgy are not designated curriculum time. In the context of the Catholic school, this means that times of prayer and liturgy are not considered to be part of the allocation of curriculum time for Religious Education.

Responsibility

- (a) Governance The governors, as guardians of the Catholic academy's life and mission, have a responsibility to ensure that:
 - prayer and liturgy are central to the Catholic life of the academy and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
 - there is a named person(s) who is responsible for prayer and liturgy in the academy (the Chaplain)
 - the Prayer & Liturgy Policy is updated regularly and shared with all stakeholders
 - there is a budget for prayer and liturgy that reflects its centrality to the life of a Catholic academy.

(b) Headteacher

The Headteacher, as the spiritual leader of the academy as a Catholic community, ensures that:

- prayer and liturgy are central to the Catholic life of the academy and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- they work in partnership with the Chaplain
- those responsible for prayer and liturgy in the academy have been given appropriate training and formation to ensure that all guidance is followed and adhered to
- there are suitable resources for prayer and liturgy in the academy

(c) The Chaplain

Those responsible for prayer and liturgy ensure that:

- prayer and liturgy are central to the Catholic life of the academy and therefore are in line with the guidance set out by the Prayer and Liturgy Directory
- there is an Annual Plan of Provision for prayer and liturgy across the academic year which identifies liturgical seasons and key celebrations, as well as opportunities for the celebration of the Sacraments
- there is daily planned prayer for all students, appropriate to age and ability, as outlined in the Prayer and Liturgy Directory
- students are supported in their liturgical formation to take an active role in the planning, preparation, and delivery of prayer and liturgy according to their age and capacity, and in a manner, which facilitates their progressive participation
- resources to support the planning of prayer and liturgy are appropriate and readily available to staff and students
- induction on prayer and liturgy takes place for new members of staff as required
- staff have access to effective training and formation opportunities
- monitoring and evaluation of prayer and liturgy take place regularly and feed back into planning for future liturgies
- monitoring of prayer and liturgy is reported to the Headteacher and Governing Body to support whole-school development and the Catholic life of the academy
- there is collaboration with local clergy and parishes
- liaison with the Diocesan Advisory Service and others is maintained to ensure they keep updated with best practice.

Academy Services, Prayers, Assemblies and Liturgies

The academy provides opportunities throughout the year to celebrate mass at our local parishes; SS Peter and Paul's Roman Catholic Church in Ilford and St Cedd's Roman Catholic Church in Seven Kings. Whole school masses and liturgies take place to mark important festivals and dates in the academy calendar, e.g. Christmas and Easter.

- Mass takes place in both SS Peter and Paul's RC Church and St Cedd's RC Church to celebrate key
 events in the liturgical calendar. All students are invited to attend to celebrate the Eucharist as a part
 of our distinctive nature as a Catholic academy. Mass is also celebrated every Friday morning at 8:20am
 in the academy chapel. Staff and students come together as one community offering God our work and
 asking for His blessing at the end of each week.
- Prayer each lesson begins with the academy prayer to make Christ the centre of students' learning. Students can use this time to offer any special intentions. The academy's Mission promotes the academic and personal development of each member of its community, both students and staff alike.

• A staff Mass takes place on the first day of the academic year and on special occasions. Staff pray together once a week, and occasional services have also been held e.g. for bereavement

ACADEMY PRAYER

Lord, make me a better person. More considerate towards others; More honest with myself, More faithful to you. Make me generous enough to want Sincerely to do your will Whatever it may be. Help me find my true vocation in life, and grant that through it I may find happiness myself, and bring happiness to others. We ask this through Christ our Lord.

- Reconciliation during the seasons of Advent and Lent, our students are given the opportunity to celebrate in the sacrament of reconciliation with priests from local parishes who visit the academy.
- Assemblies we develop our spirituality through coming together in our assemblies. These are
 presented by a variety of staff with a distinct message to enhance students academically, personally and
 spiritually.

Assembly Days	
Monday	Year 11
Tuesday	Year 10
Wednesday	Year 9 and Year 12 (week 2) and Year 13 (week 1)
Thursday	Year 8
Friday	Year 7

- Prayer Garden students are welcome to use our prayer garden throughout the day. This can be found behind Palmer playground.
- Our Chapel the chapel is open each day for staff and students to spend time to reflect and pray in a safe and quiet environment. The celebration of mass takes place each Friday morning in the chapel.
 Staff and students can come to the chapel and celebrate faith with the Chaplain at the following times:

Chapel Events	
Monday	Prayer (breaktime); Rosary Club (lunchtime)
Tuesday	Staff Morning Prayer (8.20am)
Wednesday	Mindfulness (breaktime)
Thursday	Adoration (lunchtime)
Friday	Weekly Mass (8.20am); Prayer (breaktime)

Liturgical Calendar 2024-2025

Our liturgical calendar is well planned for the year ahead and is linked to the Church's seasons and significant dates.

Date	Day	Event	Year Group
12/09/2024	Thursday	Year 7 & 12 Welcome Mass – SS Peter and Paul's RC Church @ 14:00	Year 7 and 12
17/09/2024	Tuesday	Year 7 Alban – Chapel Form Time	Year 7
18/09/2024	Wednesday	Year 7 Bede – Chapel Form Time	Year 7
19/09/2024	Thursday	Year 7 Clitherow – Chapel Form Time	Year 7
20/09/2024	Friday	Academic Mass – St Cedd's Church	Years 8-11 and 13

24/09/2024	Tuesday	Year 7 Fisher – Chapel Form Time	Year 7
25/09/2024	Wednesday	Year 7 Line – Chapel Form Time	Year 7
26/09/2024	Thursday	Year 7 More – Chapel Form Time	Year 7
27/09/2024 – St Vincent De Paul	Friday	Weekly Mass in Chapel	All invited
02/10/2024 – Holy Guardian Angels	Wednesday	Commissioning Service at SS Peter and Pauls Church at 2pm	Years 7-13
07/10/2024 – Our Lady of the Rosary	Monday	Rosary in the Chapel – Lunchtime	All invited
16/10/2024	Wednesday	Year 12 Retreat – In-house	Year 12
28/10/2024	Monday	HALF TERM 01/11/2024 (All Saints) 02/11/2024 (All Souls)	
11/11/2024	Monday	Remembrance Day	All invited
25/11/2024	Monday	Season of Advent	Years 7-13
Advent Season – 02/12/2024	Monday	Reconciliation in RE Lessons – Chapel season of Advent	Years 7-13
02/12/2024	Monday	Hamper Appeal Launch	All invited
09/12/2024	Monday	The Immaculate Conception – In form	Years 7-13
09/12/2024	Monday	Year 11 Retreat	Year 11
11/12/2024	Wednesday	Year 13 Core RE / Retreat	Year 13
12/12/2024	Thursday	Christmas Jumper Appeal	All invited
18/12/2024	Wednesday	Carol Concert – Palmer Hall – 6-7.30pm	All invited
21/01/2025	Tuesday	Year 7 Retreat	7 Alban and Bede
22/01/2025	Wednesday	Year 7 Retreat	7 Clitherow and Fisher
23/01/2025	Thursday	Year 7 Retreat	7 Line and More
25/01/2025	Friday	2025 Jubilee Launch	All invited
03/02/2025 – Feast of St Anne Line	Monday	Feast Day Celebration – PowerPoint on St Anne Line shared by Line Forms	Line Forms
24/02/2025	Monday	Season of Lent and Reconciliation	Years 7-13
05/03/2025 – Ash Wednesday	Wednesday	Ash Wednesday Service – Period 1 7-9 Period 2 10-11 Period 3 12-13	Years 7-13
WB 10/03/2025	Monday	Reconciliation in RE Lessons – Chapel Season of Lent	Years 7-13

15/03/2025	Saturday	Flame Congress – at Wembley Stadium	Years 10-13
17/03/2025 - Feast of St Patrick	Monday	Lent Fast Day – Fundraiser CAFOD/SVP	Years 7-13
19/03/2025 - St Joseph, (Solemnity)	Wednesday	St Joseph, Husband of the Blessed Virgin Mary (Solemnity) – Shared slides in forms	All Invited
25/03/2025	Tuesday	The Annunciation of the Lord – Shared slides in forms	Years 7-13
02/04/2025	Wednesday	Easter Liturgy – St Cedd's RC Church AM: Years 7-9 @ 9:00 PM: Years 10-13 @ 14:00	Years 7-13
02/05/2025	Friday	Year 11 Leavers Mass (TBC) – Palmer Hall	Year 11
02/05/2025	Friday	Year 13 Leavers Mass (TBC) – Palmer Hall	Year 13
04/05/2025 – St M Clitherow (Feast)	Sunday/ Friday	Friday 2nd May – Feast Day celebration – PowerPoint on St Clitherow shared by Clitherow Forms	Clitherow Forms
06/05/2025	Tuesday	Year 9 Retreat – Westminster Cathedral	Year 9
07/05/2025	Wednesday	Year 9 Retreat – Westminster Cathedral	Year 9
08/05/2025	Thursday	Year 9 Retreat – Westminster Cathedral	Year 9
20/05/2025	Tuesday	Year 8 Retreat – Aylesford Priory	Year 8
21/05/2025	Wednesday	Year 8 Retreat – Aylesford Priory	Year 8
22/05/2025	Thursday	Year 8 Retreat – Aylesford Priory	Year 8
22/05/2025	Thursday	Birthday of Canon Patrick Palmer – Young Leaders' visit to his grave side.	CAFOD and SVP
25/05/2025 – St Bede (Feast)	Sunday/ Friday	Friday 23rd May – Feast Day celebration – PowerPoint on St Bede shared by Bede Forms	Bede Forms
09/06/2025 - 12/06/2025	Tuesday - Friday	Pilgrimage to Lourdes (TBC)	Years 7-9
17/06/2025	Tuesday	Year 10 Retreat – Wintershall (TBC)	Year 10
18/06/2025	Wednesday	Year 10 Retreat – Wintershall (TBC)	Year 10
19/06/2025	Thursday	Year 10 Retreat – Wintershall (TBC)	Year 10
20/06/2025 – Feast of St Alban	Friday	Feast Day celebration – PowerPoint on St Alban by Alban Forms	Alban Forms
22/06/2025 – SS John Fisher & Thomas More (Feast)	Sunday/ Monday	Week of 23/6/25 – Feast Day celebration – PowerPoint on St John Fisher & Thomas More shared by Fisher & More Forms	Fisher & More Forms

24/06/2025 – Nativity of John the Baptist (Solemnity)	Tuesday	Nativity of John the Baptist – Shared slides in form	All invited
27/06/2025 – Sacred Heart of Jesus (Solemnity)	Friday	Weekly Mass in academy chapel	All Invited

Chaplaincy

The academy chapel is the heartbeat of the academy, as it is the centre where our faith is celebrated, where everything we do springs from, for the glory of God and service of all.

At the academy we promote and care for the spiritual and holistic formation of both staff and students, serving Christ in all.

- We offer opportunities of prayer both for staff and students. Students are encouraged and supported to participate in the sacramental life of the Church.
- Through regular celebration of the sacraments, especially Eucharistic sacrifice and sacrament of reconciliation (Advent and Lent).
- Celebration of the holy Mass, adoration of the Blessed Sacrament and praying of the Rosary. Students and staff are invited to weekly mass every Friday at 8.20am, in the academy chapel.
- Observation and celebration of Solemnities and Holy days of obligation.
- Form/House Patron Saints feast day celebration.
- Staff have weekly morning prayer, termly retreat and liturgies to promote their spiritual life and wellbeing.

To promote the fundamental values of our faith, and encourage students' active participation, the academy chaplaincy team includes the following roles:

- Chaplaincy lead A role model through regular participation, collaboration with the chaplain to oversee the liturgical preparations and organisation; and to assist younger students.
- Altar Servers Responsible for helping the priests at the weekly Masses and holy days of obligation, as well as other academy celebrations.
- Lectors Responsible for reading at Masses and other celebrations
- Chapel prefects Responsible for ensuring that the rules of the chapel/church, like silence are observed, allowing people to pray well; helping to give out sheets during services etc.
- Academy choir Responsible for preparing and singing during our liturgical worship and other services.

Other Groups are:

- Liturgy Leaders (2 from each form group) Lead in prayer during form time and give out notices from the chaplain.
- CAFOD Young Leaders Committed Sixth form students

Pilgrimage

Since 2012, we have hosted an annual Pilgrimage abroad available for our staff and students. This very special trip is very important to our academy and adds to the faith development of our students and staff.

Student Retreats

Retreat Days and Pilgrimage

Every year group is offered a special Retreat day annually. This could be as a whole year group or in form classes. Here is our Retreat programme:

- Year 7 Westminster Cathedral, London (previously an overnight retreat to Walsingham House and we hope to be back soon)
- Year 8 Aylesford Priory, Kent
- Year 9 Tyburn Convent, London
- Year 10 Wintershall The life of Christ
- Year 11 In-house activities and guest speakers
- Sixth Form In-house activities and guest speakers

Academy Staff Retreats

Our academy staff are offered a Retreat day annually. We have visited Aylesford Priory, where we enjoyed each other's company, celebrated Mass together and gathered for lunch. In previous years we have hosted guest speakers and offered a variety of sessions to further strengthen our journey together.

Training

All new staff will be supported during induction and beyond, so that they fully understand the responsibility they carry within their individual role for leading prayer and liturgy in the academy. Any individual training needs will be identified and addressed through training and formation. There will also be the opportunity for whole-staff professional development at least once a year, so that all staff understand the importance of prayer and liturgy and relevant staff are well supported to lead as required.

Monitoring and Evaluation

Monitoring and evaluation of the quality and impact of prayer and liturgy will take place regularly, and at least annually. Areas for development will be identified and issues raised will be actioned and evidenced as appropriate.

Review

This policy will be reviewed as part of the regular cycle of policy review conducted by the governors.

Useful links

https://www.gov.uk/government/publications/collective-worship-in-schools
https://www.catholiceducation.org.uk/schools/religious-education/item/1003584-collectiveworship
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/2819
29/Collective_worship_in_schools.pdf